

Multigenerational Transmission Process: Evolution in Real Time

Learning Objectives | 24 Objectives for 12 Training Hours

As a result of attending this conference, participants will be able to:

1. Describe Bowen theory's concept of the multigenerational transmission process and its function as a methodology for differentiation of self.
2. Analyze how societal history, group adaptation, migration, and family emotional process contribute to patterns of functioning across generations.
3. Discuss current research in epigenetics, brain development, stress regulation, and mother-infant co-regulation as it relates to the biological embedding of emotional process.
4. Apply a multigenerational family framework to assess patterns of adaptation, cutoff, reactivity, and differentiation in clinical or personal work.
5. Discuss the neurobiological basis of intuition.
6. Describe the relevance of intuition to Murray Bowen's concept of differentiation of self.
7. Examine how archival evidence contributes to understanding the historical development of Bowen theory, including the impact of institutional resistance on its further acceptance as a new theory of human behavior.
8. Analyze how the termination of Murray Bowen's NIMH family research project (1954-1959) reflected emotional processes within NIMH.
9. Illustrate how Bowen Theory can be used as a lens and guide for leadership activities, using case examples
10. Illustrate the value and limitations of responding to individual issues at the level of the relevant systems, using case examples
11. Identify how multigenerational emotional process influences beliefs about food, bodies, and appearance.
12. Describe how differentiation of self can support an individual's capacity to think beyond a family's focus on food, bodies, and appearance.
13. Describe how application of family systems concepts can support greater flexibility and freedom for the family member of someone suffering an eating disorder.
14. Explain how physical symptoms of food and disordered eating can express the transmission of family emotional process.

15. Identify ways that multigenerational emotional patterns may influence leadership, decision-making, and family relationships in a business setting.
16. Analyze how overlapping family and business systems influence emotional functioning.
17. Explain Bowen's concept of the multi-generational transmission process.
18. Discuss multi-generational impacts on current behaviors of individuals, families, groups, and organizations.
19. Utilize Bowen theory to establish goals for future growth and development.
20. Analyze the relationship between differentiation of self and multigenerational transmission process.
21. Discuss epigenetics as a mechanism to explain the multigenerational transmission of traits.
22. Demonstrate how applying Bowen Family Systems Theory aids leadership roles.
23. Compare systemically-oriented practices with those oriented toward individual psychology.
24. Describe the systemic perspective when addressing non-constructive or destructive behavioral dynamics.