

***Emotional Projection Process:
Challenges in Applying Bowen Family Systems Theory***

31 Learning Objectives for 13 Training Hours

Participants will be able to:

1. Explain and describe how Bowen family systems theory is applied in clinical settings to create cogent hypotheses and to design effective interventions.
2. Describe some applications of the concept of emotional projection process in clinical and personal settings.
3. Explain the impact of emotional projection on symptom formation in family and social emotional systems.
4. Describe how emotional projection process is an aspect of the American healthcare system and influences its operations.
5. Describe how a family diagram method increases knowledge when conducting assessments and planning treatment.
6. Explain the relevance and importance of cultural contexts when using the Pop Culture Genogram with clients.
7. Explain how the basic concepts of Bowen family systems theory relate to family through the context of music.
8. Describe how Bowen family systems theory can be used to assess and describe the functioning of one's extended family.
9. Describe the family projection process and its impact on romantic relationship dynamics.
10. Describe and demonstrate the impact of anxiety on the functioning of family relationships.
11. Describe how to teach the concept of Differentiation of Self to graduate students.
12. Explain and describe the challenges and uses of Bowen family systems theory in domestic violence treatment settings.
13. Explain how to recognize pathogenic emotional projections, triangles and multi-generational coalitions between parents and children in divorce.

14. Explain the use of Bowen family systems theory language to better describe anxiety and symptoms in legal, child protection and mental health systems.
15. Describe and use hypotheses for four concepts of Bowen family systems theory that shape the impact of trauma on functioning.
16. Explain the research evidence for the impact of trauma and the mechanisms of this process.
17. Describe and explain a modern scientific development that supports the idea that transcendence is a functional fact.
18. Explain and describe the impact of the family projection process on the third generation of Holocaust survivors.
19. Explain and describe the various experiences of conflicting dual cultural identities with immigrant families.
20. Describe three phases of menopause transition and explain how the multigenerational transmission of anxiety influences silence.
21. Explain how women in midlife can be better served by presenting the multigenerational impacts of menopause transition.
22. Explain factors of how families managed complicated grief by having a missing person returned through Bowen's concept of multigenerational transmission process.
23. Describe and examine the limits of traditional psychoanalysis with diagnosing and labeling personalities.
24. Describe and analyze different ideas of the concept of love from Freudian, Jungian and Bowenian perspective, and how these various ideas help to understand human behavior, relationships and family dynamics.
25. Explain and describe how calamitous social events, like the Holocaust, genocide and slavery, shape the emotional projection process and the functioning of future generations of families.
26. Explain how the emotional projection process varies among families and social groups, and how these variations relate to observed differences in human functioning.
27. Explain and describe how the concept of emotional projection process is integral to other concepts in the theory, like cutoff, nuclear family emotional process, and chronic anxiety.
28. Discuss and explain the complexity and challenges of using the emotional

projection process to examine the functioning of societies, culture and social groups.

29. Explain and describe how quick fixes to problems may result in worse long-term outcomes.
30. Assess a family's level of differentiation when observing a launch event.
31. Describe and explain the impacts of separating African American, Jewish, Japanese, Native American and Hispanic families as a part of societal projection processes and social oppression.