

# Working with Emotional Cutoff and Distance: A Challenge in Applying Family Systems Theory

**FRIDAY, OCT. 13, 2023 | PRESENTATION SCHEDULE**

**In-Person attendees** are asked to arrive around **8:00 am** to sign-in; continental breakfast will be provided. **Zoom attendees** are asked to login by **8:15 am**.

THE 44TH PITTSBURGH FAMILY SYSTEMS  
CONFERENCE AND SYMPOSIUM

8:30 - 8:45 AM	<i>Welcome from Walter Smith and Cynthia Larkby</i>	
8:45 - 10:00 AM	<b>Emotional Cutoff Redux: An Update on Emotional Cutoff and the Brain</b>	Priscilla Friesen
10:00 - 10:15 AM	<i>Q &amp; A</i>	Led by Moderator
10:15 - 10:30 AM	<i>Break</i>	
10:30 - 11:15 AM	<b>Don't Just Do Something--Stand There!</b>	Arthur Zipris
11:15 - 11:45 AM	<b>The Benefits of Extended Family Connections: Differentiation of Self</b>	Victoria Harrison
11:45 - 12:15 PM	<i>Panel Discussion</i>	
12:15 - 1:15 PM	<i>Lunch</i>	
1:15 - 2:00 PM	<b>Do I Have to Believe What Mom &amp; Dad Believe?</b>	Susan Schwartz
2:00 - 2:30 PM	<b>Emotional Cutoff and Anxiety: Five Clinical Case Studies</b>	Zane Schwaiger
2:30 - 2:45 PM	<i>Break</i>	
2:45 - 3:15 PM	<b>Managing One's Anxiety in the Work of Differentiating a Self</b>	Joe Dreiss
3:15 - 3:45 PM	<i>Panel Discussion</i>	
3:45 - 4:00 PM	<i>Q &amp; A / Closing Comments</i>	Led by Moderator
4:00 - 4:15 PM	<i>Break</i>	
4:15 - 5:15 PM	Optional Reception & Brief Annual Meeting	



SPONSORED BY  
THE WESTERN  
PA FAMILY CENTER

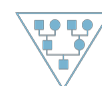
# Working with Emotional Cutoff and Distance: A Challenge in Applying Family Systems Theory

**SATURDAY, OCT. 14, 2023 | PRESENTATION SCHEDULE**

**In-Person attendees** are asked to arrive around **8:30 am** to sign-in; continental breakfast will be provided. **Zoom attendees** are asked to login by **8:45 am**.

THE 44TH PITTSBURGH FAMILY SYSTEMS  
CONFERENCE AND SYMPOSIUM

9:00 – 9:15 AM	<i>Welcome from Sandra Caffo and Allison Whitney</i>	
9:15 – 10:30 AM	<b>Emotional Cutoff and the Process of Aging and Death</b>	Priscilla Friesen
10:30 – 10:45 AM	<i>Q &amp; A</i>	Led by Moderator
10:45 – 11:00 AM	<i>Break</i>	
11:00 – 11:30 AM	<b>Functional Shifts, Emotional Cutoff and Fusion: One Person's Observations</b>	Heather Brown
11:30 – 12:15 PM	<b>Bowen Theory on the Big Screen</b>	Allison Whitney
12:15 – 12:45 PM	<i>Panel Discussion</i>	
12:45 – 1:45 PM	<i>Lunch</i>	
1:45 – 2:15 PM	<b>Defining Self as a Parent Of a Transgender Adolescent</b>	Vincent Randy
2:15 – 3:00 PM	<b>Bridging Cutoff: The Collapse of the Familial Narrative</b>	Ashley North
3:00 – 3:15 PM	<i>Break</i>	
3:15 – 3:45 PM	<b>Autonomic Socioeconomic Reflex Arc – A Starting Point for Emotional Distance?</b>	Dave Galloway
3:45 – 4:15 PM	<i>Panel Discussion</i>	
3:45 - 4:00 PM	<i>Q &amp; A / Closing Comments</i>	Led by Moderator



SPONSORED BY  
THE WESTERN  
PA FAMILY CENTER